

FSIC's Weekly Produce Report



by [Denna Hunter](#) | February 18, 2020 |

FSIC's weekly produce report provides highlights of what's going on in the produce markets so restaurants can make informed purchasing decisions.

▼ Prices are down this week ▲ Availability is down or prices are up this week ↔ Price and/or availability is stable or mixed

Apples

↔ The Washington market is steady. Good Supply. Moderate demand. Good quality.

Asparagus

▲ The market is up. Peru product is up. Light supply and good demand. Quality varies. Product out of Mexico is up. Light supply and moderate demand. Cold weather have slowed production in both regions. Warmer weather expected.

Avocado

▲ The market is up. Mexico supplying most of the market. Light demand causing price increases. Tight supplies on 60 ct. and larger. California volume is expected to increase in April. Peak season being May-July.

Bell Peppers

▲ **Green bell peppers:** The market in both regions is up. Moderate demand. Good quality. Slight price increases due to decrease supply out of Mexico.

▲ **Red bell peppers:** The market is up. Light supplies in both regions. Good quality. Projections expect supplies will remain light. Supply out of Mexico is fair.

Berries

↔ **Blackberries:** The market is steady to up. Good quality, however, some quality issues may include early breakdown and red cell defects.

▲ **Blueberries:** The market is up. Lighter supplies out of Mexico. Market is firming up with spotty supplies out of Peru and Chile. Strong demand.

▲ **Raspberries:** The market is up. Light supplies out of Mexico due to weather. Fair quality. Higher prices possible.

↔ **Strawberries:** The market is flat. Demand exceeds supply. Supplies not expected to be back to normal until the first of March. Good quality out of CA. Water related quality issues out of Mexico.

Broccoli

▲ The broccoli market is up. Good supplies. Good demand. Good quality with Firm crowns, occasional spread, knuckling and mechanical damage.

Carrots

↔ The market is steady to down. Supplies out of Kern District, CA are steady. Lighter supply and demand. Good quality. Product out of Mexico is down. Lighter supply and demand. Quality varies.

Cauliflower

▲ The cauliflower market is up. Light supplies. Good demand. Quality is fair to good. Some quality issues include slight bruising and yellow cast with weights in the 25 to 28 pound level. Yuma yields have decreased due to weather.

Celery

▲ The celery market is up. Good supply. Fair demand. Quality issues may include inconsistent sizing, bowed structure, occasional mechanical damage, minimal cracked nodes, muddy stalks and light insect damage. Moderate availability out of Yuma.

Cucumbers

▲ The market is up. The East is helping supply to current demand due to weather in Mexico. Honduras is in peak season. Good supplies. Light supplies out of Nogales, AZ. Supplies out of Sinaloa and Sonora have decreased due to weather. Light supplies. Quality varies.

Grapes

↔ The market is steady to down out of Peru and Chile. Black Seedless out of Peru are down on XL/large. Steady on jumbo. XL, jumbo and large Red Globes are steady. XL/large Red Seedless are down. XL, large and medium Flame Seedless and Crimson Seedless out of Chile are down. Moderate supply and demand out of both regions.

Green Beans

▲ Green bean market is mixed. South FL machine picked product is up. Moderate supply. Light demand. Mexico handpicked product is up. Lighter supply. Good demand. Imported haricot verts are down. Moderate supply. Light demand. Good quality.

Lemons

↔ Lemon pricing is steady. Large sizes, 75 ct. and 95 ct. are slightly up. Tight supply. Fair quality.

▲ **Iceberg:** The iceberg market is up. Good supply. Good quality. Quality issues may include, minor defects due to weather. Good demand.

↔ **Leaf:** The green leaf market is flat. Good supplies. Good quality. Quality issues include, occasional mechanical damage, light insect damage and minimal signs of epidermal peel or blister, with a strong texture. Good demand. Romaine market is flat. Good supplies. Good quality. Good demand.

Limes

↔ Prices are mixed. 175s and larger are down. 200s are flat. 230s and smaller are seeing price increases. Limited supply. Fair quality. Quality issues may include blanching, scarring and decay issues.

Melons

↔ **Cantaloupe:** Market is flat. Sizing trending towards 9 jumbo sizes and 9 regular sizes. Low volumes on 12 ct.

▲ **Honeydew:** Market is up. Limited supplies on small sizes. Trending towards larger size fruit.

Onions

▼ The jumbo yellow onion market is down. Product out of WA/OR/ID is down. Moderate supply. Lighter demand.

Oranges

↔ Orange prices are steady. Tight supply on 113 and smaller Navels. Good supply on 72s and larger. Cara Cara peaking on 72s and 88s. Blood Oranges peaking on 88/72/113. Quality is fair to good.

Potatoes

▲ **Russets:** The market is mixed. 70 ct. Norkotahs and Burbanks out of ID are up. 90 ct. and 6 oz. Norkotahs and Burbanks out of Idaho are up. Moderate supply and demand. 70 ct. and 9- ct. Norkotahs out of WA/OR are down. Moderate supply and demand.

↔ **Reds:** The red potato market is steady. Minnesota and Wisconsin product are steady. Moderate supply and lighter demand.

↔ **Yellows:** The yellow potato market out of Florida is steady. Quality is good. Moderate supply. Good demand.

Squash

▲ Prices have increased. Supply out of the West is light. East coast helping meet demand. Fair quality in both regions.

Tomatoes

▲ **Rounds:** The market is up in both Eastern and Western regions. Poor growing conditions out of Mexico are affecting the West, driving demand for Eastern product. Good quality.

▲ **Cherry:** Market is up due to weather. Quality is fair to good.

▲ **Grape:** The market is up. Prices are up in both regions. Fair supply. Good quality.

▲ **Romas:** The market is up in both regions. Poor growing conditions out of Mexico are affecting the West, driving demand for Eastern product. Poor quality in the West. Good quality in the East.